



**Plan First  
Family Planning Services for  
Women and Men**



Plan First is a program that pays for eligible women and men to obtain free family planning services.

Please feel free to order Plan First program material through The Department of Medical Assistance distributor, Commonwealth Martin at the number below. You will need to provide the following information when ordering materials:

- Organization Name
- Provider Number
- Address (orders are shipped via UPS, no P.O. Boxes please)
- Contact Person
- Telephone
- E-Mail address
- Product number and quantity requested

***Orders may be placed by contacting Commonwealth Martin at  
(Telephone) 1-804-780-0076  
or (Fax) 1-804-780-0198***

Product ID	Description	Distribution Limits
DMAS-65E	Plan First Application - English	50
DMAS-65S	Plan First Application - Spanish	25
DMAS-66E	Plan First Brochure - English	50
DMAS-66S	Plan First Brochure - Spanish	25

Note: All Plan First materials are free to providers. Please be aware of distribution limits before placing your order. If your needs exceed distribution limits, please notify Commonwealth Martin. Spanish materials will be available soon. You may go ahead and place your request for these materials to be mailed to you as soon as they are ready.

Maternal and Child Health  
Department of Medical Assistance Services